

Mrs. Fields®
Nutrition Information
FUNDRAISING

Nutrition Facts	
Serving Size: 1 Baked Cookie 1.25 oz (35g) Servings Per Container: 32	
Amount Per Serving	
Calories 150	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 130mg	5%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Sugars 14g	
Protein 1g	
Vitamin A 4%	Vitamin C 0%
Calcium 2%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Mrs. Fields Chocolate Chip

INGREDIENTS: Wheat flour, semi-sweet chocolate (sugar, unsweetened chocolate, cocoa butter, milk fat, soy lecithin, natural flavors), brown sugar, margarine (palm oil, soybean oil, water, salt, mono & diglycerides, soy lecithin, sodium benzoate, citric acid, natural and artificial flavors, vitamin A palmate, beta carotene, whey), sugar, fructose, whole eggs, contains 2% or less of: water, natural butter flavor, soy lecithin, xanthan gum, salt, baking soda, natural flavors.

ALLERGENS: Contains egg, milk, soy, and wheat. Manufactured in a facility that processes tree nuts.

Nutrition Facts	
Serving Size: 1 Baked Cookie 1.25 oz (35g) Servings Per Container: 32	
Amount Per Serving	
Calories 150	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 140mg	6%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Sugars 11g	
Protein 1g	
Vitamin A 4%	Vitamin C 0%
Calcium 0%	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Mrs. Fields Snickerdoodle

INGREDIENTS: Wheat flour, sugar, margarine (palm oil, soybean oil, water, salt, mono & diglycerides, soy lecithin, sodium benzoate, citric acid, natural and artificial flavors, vitamin A palmitate, beta carotene, whey), cinnamon sugar mix (sugar, cinnamon, extractives of cinnamon), whole eggs, fructose. Contains 2% or less of: soda, natural flavors, lemon juice powder.

ALLERGENS: Contains egg, milk, soy, and wheat. Manufactured in a facility that processes tree nuts.

Nutrition Facts

Serving Size:
1 Baked Cookie 1.25 oz (35g)
Servings Per Container: 32

Amount Per Serving	
Calories 130	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 130mg	5%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Sugars 12g	
Protein 1g	

Vitamin A 4% • Vitamin C 0%
Calcium 0% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Mrs. Fields Rainbow

INGREDIENTS: Wheat flour, milk chocolate chips (sugar, whole milk powder, unsweetened chocolate, cocoa butter, milk fat, soy lecithin, natural flavors), brown sugar, margarine (palm oil, soybean oil, water, salt, mono & diglycerides, soy lecithin, sodium benzoate, citric acid, natural and artificial flavors, vitamin A palmitate, beta carotene, whey), sugar, fructose, whole eggs, contains 2% or less of water, natural butter flavor, soy lecithin, xanthan gum, salt, baking soda, natural flavors.

ALLERGENS: Contains egg, milk, soy, and wheat. Manufactured in a facility that processes tree nuts.

Nutrition Facts

Serving Size:
1 Baked Cookie 1.25 oz (35g)
Servings Per Container: 32

Amount Per Serving	
Calories 140	Calories from Fat 30
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 130mg	5%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 14g	
Protein 1g	

Vitamin A 2% • Vitamin C 0%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Mrs. Fields Oatmeal Raisin

INGREDIENTS: Wheat flour, milk chocolate chips (sugar, whole milk powder, unsweetened chocolate, cocoa butter, milk fat, soy lecithin, natural flavors), brown sugar, margarine (palm oil, soybean oil, water, salt, mono & diglycerides, soy lecithin, sodium benzoate, citric acid, natural and artificial flavors, vitamin A palmitate, beta carotene, whey), sugar, fructose, whole eggs. Contains 2% or less of: water, natural butter flavor, soy lecithin, xanthan gum, salt, baking soda, natural flavors.

ALLERGENS: Contains egg, milk, tree nut, soy. Manufactured in a facility that processes tree nuts.

Nutrition Facts

Serving Size:
1 Baked Cookie 1.25 oz (35g)
Servings Per Container: 32

Amount Per Serving	
Calories 160	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 140mg	6%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	4%
Sugars 13g	
Protein 2g	

Vitamin A 2% • Vitamin C 0%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Mrs. Fields Chocolate Chip Peanut Butter Cup

INGREDIENTS: Wheat flour, brown sugar, peanut butter (peanuts, dextrose, hydrogenated cottonseed, and rapeseed oils, salt), sugar, peanut butter cups (milk chocolate (sugar, cocoa butter, dry whole milk, chocolate, lecithin, salt, vanilla), ground peanuts, sugar, palm kernel oil, lactose, salt, lecithin), margarine (palm oil, soybean oil, water, salt, mono & diglycerides, soy lecithin, sodium benzoate, citric acid, natural and artificial flavors, vitamin A palmitate, beta carotene, whey), milk chocolate chips (sugar, whole milk powder, unsweetened chocolate, cocoa butter, milk fat, soy lecithin, natural flavors), whole eggs, fructose.

ALLERGENS: Contains egg, milk, soy, and wheat. Manufactured in a facility that processes tree nuts.

Nutrition Facts

Amount Per Serving	
Calories 150	Calories From Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 115mg	5%
Total Carbohydrate 21g	7%
Dietary Fiber <1g	4%
Sugars 13g	
Protein 2g	

Vitamin A 6% • Vitamin C 0%
Calcium 0% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Mrs. Fields Caramel Apple Crunch

Ingredients: Sugar, enriched wheat flour, margarine (palm oil, water, salt, mono and diglycerides, soy lecithin. Sodium benzoate added as preservative. Artificially flavored. Vitamin A palmitate added), oats, apples, invert sugar, caramel bits, coconut, molasses, cinnamon, soda bicarbonate, salt, natural and artificial flavor.

Allergens: Contains wheat, eggs, milk, coconut, soy. Manufactured in a facility that processes tree nuts.

Mrs. Fields White Chocolate Macadamia Nut

Nutrition Facts	
Serving Size 1 Cookie Dough Piece (31g)	
Servings Per Container About 36	
Amount Per Serving	
Calories 140	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 105mg	4%
Total Carbohydrate 18g	6%
Dietary Fiber 0g	0%
Sugars 12g	
Protein 2g	
Vitamin A 4%	• Vitamin C 0%
Calcium 2%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: White Chunks (Sugar, Partially Hydrogenated Palm Kernel Oil, Nonfat Milk Powder, Soy Lecithin (Emulsifier), Salt, Natural Flavor), Sugar, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folate), Unbleached Wheat Flour, Fructose, Butter, Whole Eggs, Margarine [Palm Oil, Water, Salt, Whey, Monoglycerides (Emulsifier), Soy Lecithin (Emulsifier), Sodium Benzoate and Citric Acid (Preservatives), Artificial Flavor

Allergens: Contains egg, milk, soy, and wheat. Manufactured in a facility that processes tree nuts.

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Bana
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COOKIE DOUGH

LITTLE BEAR PEAK | CHOCOLATE CHIP

Net Wt. 1 lb 8 oz (680g)

LITTLE BEAR PEAK
CHOCOLATE CHIP

Nutrition Facts	Amount/serving		% DV	
	Amount/serving	% DV	Amount/serving	% DV
24 servings per package	Total Fat 6g	8%	Total Carb. 17g	6%
Serving size 1 serving (28g)	Sat. Fat 3.5g	17%	Fiber < 1g	3%
Calories per serving 130	Trans Fat 0g		Total Sugars 9g	
	Cholesterol 15mg	5%	Incl. 8g Added Sugars	15%
	Sodium 75mg	3%	Protein 1g	
	Vitamin D 0% • Calcium 2% • Iron 2% • Potassium 0%			

BAKING INSTRUCTIONS:

CUT 1 OZ SLICE OF COOKIE DOUGH
AND BAKE IN PRE-HEATED
350F OVEN ON UNGREASED
COOKIE SHEET FOR 15-20 MINS.

Keep Frozen.

Do not consume raw
cookie dough.
Bake before eating.

INGREDIENTS: White Cane Sugar, Brown Cane Sugar, Potato Starch, White Rice Flour, Chocolate Chips (Cane Sugar, Chocolate Liquor, Cocoa Butter, Sunflower Lecithin, Vanilla Extract), Butter, Palm Oil, Eggs, Cocoa, Tapioca Starch, Baking Powder (Monocalcium Phosphate, Sodium Bicarbonate, Non-GMO Cornstarch), Salt, Baking Soda, Xanthan Gum.

CONTAINS: MILK, EGGS.

YUMBANA GLUTEN FREE, CASTLE ROCK, CO 80109
MADE IN A DEDICATED GLUTEN FREE FACILITY.



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