Latitude 40 Granola Nutritional Information

LATITUDE 40
SNACKS
GRANOLA BITES
DOUBLE CHOCOLATE BROWNIE
Nutrition Facts
7 servings per container
Serving size 1/3 Cup (30g)
Amount per serving
Calories 130
% Daily Value*
Total Fat 5g 7%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 25mg 1%
Total Carbohydrate 19g 7%
Dietary Fiber 2g 7%
Total Sugars 8g
Includes 8g Added Sugars 16%
Protein 2g
Vitamin D 0mcg 0%
Calcium 20mg 0%
Iron 1.2mg 8%
Potassium 110mg 2%
INGREDIENTS: ROLLED OATS, CANE SUGAR, SEMI-SWEET CHOCOLATE (CHOCOLATE LIQUOR AND/OR UNSWEETENED CHOCOLATE, COCOA BUTTER, SUGAR, SOY LECITHIN, VANILLA), CANOLA OIL, MOLASSES, ORGANIC WHOLE GRAIN CORN FLOUR, NATURAL COCOA POWDER, TAPIOCA STARCH, WATER, NATURAL FLAVOR, SALT.
CONTAINS: SOY.
PROCESSED IN A FACILITY THAT ALSO PROCESSES TREE NUTS, SOY AND MILK.
PRIMARY COLORS
Primary Colors® Design Corp.
Ashland, OH 44805
PrimaryColorsCorp.com
MADE IN USA
50%+ WHOLE GRAIN
16g or more per serving
CERTIFIED GLUTEN FREE
8 45120 07144 4
NO MATTER WHERE YOUR NEXT ADVENTURE LEADS YOU, LATITUDE 40 SNACKS HAS THE PERFECT SOLUTION WHEN YOUR HUNGER REACHES ITS PEAK. WE'RE ON TOP OF GREAT-TASTING, GUILT-FREE SNACKING.
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LATITUDE 40
SNACKS
GRANOLA BITES
DARK CHOCOLATE CHIP
Nutrition Facts
7 servings per container
Serving size 1/3 Cup (30g)
Amount per serving
Calories 130
% Daily Value*
Total Fat 5g 7%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 35mg 2%
Total Carbohydrate 20g 7%
Dietary Fiber 2g 5%
Total Sugars 8g
Includes 8g Added Sugars 16%
Protein 2g
Vitamin D 0mcg 0%
Calcium 20mg 0%
Iron 1.1mg 6%
Potassium 90mg 0%
INGREDIENTS: ROLLED OATS, ORGANIC WHOLE GRAIN CORN FLOUR, SEMI-SWEET CHOCOLATE (CHOCOLATE LIQUOR AND/OR UNSWEETENED CHOCOLATE, COCOA BUTTER, SUGAR, SOY LECITHIN, VANILLA), CANE SUGAR, CANOLA OIL, MOLASSES, HONEY, SALT.
CONTAINS: SOY.
PROCESSED IN A FACILITY THAT ALSO PROCESSES TREE NUTS, SOY AND MILK.
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MADE IN USA
50%+ WHOLE GRAIN
16g or more per serving
CERTIFIED GLUTEN FREE
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LATITUDE 40 SNACKS
GRANOLA BITES
MINT CHOCOLATE CHIP
Nutrition Facts
7 servings per container
Serving size 1/3 Cup (30g)
Amount per serving
Calories 130
% Daily Value*
Total Fat 5g 7%
Saturated Fat 1g 5%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 35mg 2%
Total Carbohydrate 20g 7%
Dietary Fiber 2g 5%
Total Sugars 8g
Includes 8g Added Sugars 16%
Protein 2g
Vitamin D 0mcg 0%
Calcium 20mg 0%
Iron 1.1mg 6%
Potassium 90mg 0%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
INGREDIENTS: ROLLED OATS, ORGANIC WHOLE GRAIN CORN FLOUR, SEMI-SWEET CHOCOLATE (CHOCOLATE LIQUOR AND/OR UNSWEETENED CHOCOLATE, COCOA BUTTER, SUGAR, SOY LECITHIN, VANILLA), CANE SUGAR, CANOLA OIL, MOLASSES, HONEY, SALT, NATURAL FLAVOR.
CONTAINS: SOY.
PROCESSED IN A FACILITY THAT ALSO PROCESSES TREE NUTS, SOY AND MILK.
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LATITUDE 40 SNACKS
GRANOLA BITES
SALTED CARAMEL
Nutrition Facts
7 servings per container
Serving size 1/3 Cup (30g)
Amount per serving
Calories 130
% Daily Value*
Total Fat 5g 6%
Saturated Fat 0.5g 3%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 85mg 4%
Total Carbohydrate 20g 7%
Dietary Fiber 2g 6%
Total Sugars 7g
Includes 7g Added Sugars 14%
Protein 2g
Vitamin D 0mcg 0%
Calcium 20mg 0%
Iron 0.9mg 6%
Potassium 90mg 0%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
INGREDIENTS: ROLLED OATS, ORGANIC WHOLE GRAIN CORN FLOUR, CANE SUGAR, CANOLA OIL, MOLASSES, HONEY, SEA SALT, NATURAL FLAVOR.
PROCESSED IN A FACILITY THAT ALSO PROCESSES TREE NUTS, SOY AND MILK.
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CERTIFIED GLUTEN FREE
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